
What is Treatment?

Treatment consists of ...

1. **An intake or assessment** so the treatment team can discuss areas of potential problems with you.
2. **Assignment** to work with a case manager. You will assist in developing a flexible treatment plan based on your strengths, needs, abilities, and preferences that can be updated periodically.
3. **Your commitment and regular attendance** at all scheduled program appointments.
4. **Assisting you** in developing a community, family, or friends support network.

Who are our clients?

Our clients are men and women military veterans who meet the diagnostic criteria for combat related PTSD, or have a significant combat trauma-related readjustment problem. If a veteran has a co-occurring mental health diagnosis (e.g., Substance Abuse Disorder, Bi-polar Disorder), both disorders must be sufficiently under control to allow effective participation in residential rehabilitation services.

Treatment Expectations

The veteran is eligible for VA services.

Residential clients are motivated and able to actively participate in intensive treatment.

Residential clients are capable of self care.

Residential clients are expected to participate on a daily basis in many groups, classes, and community meetings.

Residential clients are compliant with program rules and procedures.

Program Description

The PTSD RRTP provides a safe, supportive, and structured residential rehabilitation environment for veterans who are actively involved in treatment for PTSD and any existing co-occurring disorders. The program consists of 13 beds with a length of stay of approximately 60 days.

The program is based on cognitive behavioral models. We primarily provide treatment in a group setting, although individual counseling will be a part of your treatment. Couples and family counseling as it relates to PTSD clients may be available.

How to Apply

To apply or receive information about the program, please call:
1-800-872-8662, ext. 61758 or
608-372-1758, Monday through Friday,
9 a.m. – 4 p.m.

General Eligibility for VA Care

Eligibility for most VA benefits is based on discharge from active military service under other than dishonorable conditions and the results of a means test.

NOTE: This is a treatment program. Our goal is to help veterans learn how to decrease their distress due to PTSD and related symptoms.

We are not affiliated with the VA Compensation and Pension Dept. In addition, our program does not facilitate claims for service-connected disorders. Letters on behalf of veterans will not be provided by the treatment staff. A copy of your medical records may be obtained upon completion of the program.

Veterans should not apply to this program in order to have their medical issues addressed.

When you apply for this program, it is expected that improvement in symptoms of PTSD is your main goal for attendance.

Additional Information

Tomah VA Substance Abuse/Dual Diagnosis Program

Phone: 1-800-872-8662, ext. 61758 or
608-372-1758

Tomah VA Community Based Outreach Centers

Clark County Clinic (Owen) – 715-229-4701

LaCrosse Clinic – 608-784-3886 (Medical)

LaCrosse Clinic – 607-787-6411 (Mental Health)

Wausau Clinic – 715-842-2834

Wisconsin Rapids Clinic – 715-424-4682

Eligibility for Services (Tomah VA)

608-372-3971, ext. 17038 or ext 11883

Means Testing, ext. 17440

Veterans Assistance Programs

Tomah, WI Homeless Program

1-800-872-8662, ext. 61280

King Homeless Program

1-800-256-9300, ext. 16702

National Suicide Prevention Lifeline

1-800-273-TALK (8255)

Press 1 for Veterans

www.suicidepreventionlifeline.org

VA's National Homeless Call Center

1-877-424-3838

www.va.gov/homeless

Post Traumatic Stress Disorder Residential Rehabilitation Treatment Program

Tomah VA Medical Center
Building 404
500 E. Veterans St.
Tomah, WI 54660

608-372-3971, ext. 61758
608-372-1758 PTSD Program
Admissions Coordinator

Tomah VA website:
www.tomah.va.gov

Post Traumatic Stress Disorder Residential Rehabilitation Treatment Program (PTSD RRTP)



**Tomah VA Medical Center
500 E. Veterans St.
Tomah, WI 54660**

**(608) 372-1758 or
1-800-872-8662, ext. 61758
Mental Health Residential Rehabilitation
Treatment Program (MH RRTP)**

**It takes the courage and strength of
a warrior to ask for help.**