

## What is Treatment?

Treatment consists of ...

1. **An intake or assessment** so the treatment team can discuss potential problem areas with you.
2. **Assignment** to work with a case manager. You will assist in developing a flexible treatment plan based on your strengths, needs, abilities, and preferences that can be updated periodically
3. **Your commitment and regular attendance** at all scheduled program appointments.
4. **Assisting you** in developing a community, family, or friends support network.

## Who are our clients?

Our clients are military veterans, both men and women, who are experiencing addiction problems in the areas of substance abuse or a combination of substance abuse and mental health disorders.

## Treatment Expectations

The veteran is eligible for VA services.

Residential clients are:

- motivated and able to actively participate in intensive treatment.
- capable of self care.
- expected to participate on a daily basis in groups, classes, community meetings, and individual counseling sessions.
- compliant with program rules and procedures.

## Program Description

The SARRTP is a residential treatment program for veterans of all ages experiencing significant problems in their lives due to alcohol/drug abuse, or a combination of addiction and mental health disorders. The SARRTP consists of 22 beds with a length of stay of approximately 31 days, with the strong expectation that the veteran will continue treatment as an outpatient.

The treatment approach is evidence-based, and includes cognitive/behavioral therapy, motivational enhancement techniques, 12-Step Facilitation, Relapse Prevention psychosocial education, and aftercare follow-up. The treatment modality is primarily group focused.

## How to Apply

To apply or receive information about the program, please call:

1-800-872-8662, ext. 61758 or  
608-372-1758,  
Monday through Friday,  
9 a.m. – 3:30 p.m.

## General Eligibility for VA Care

Eligibility for most VA benefits is based on discharge from active military service under other than dishonorable conditions and the results of a means test.

## **Additional Information**

Tomah VA Substance Abuse/Dual  
Diagnosis Programs

Phone: 1-800-872-8662, ext. 61758 or  
608-372-1758

Phone: 608-372-3971 Main Switchboard  
Toll Free: 1-800-872-8662

## **Tomah VA Community Based Outreach Centers**

Clark County Clinic (Owen)– 715-229-4701

LaCrosse Clinic – 608-784-3886 (Medical)

LaCrosse Clinic – 608-787-6411 (Mental  
Health)

Wausau Clinic – 715-842-2834

Wisconsin Rapids Clinic – 715-424-4682

Eligibility for Services (Tomah VA)

608-372-3971, ext. 17038 or ext.11883

Means Test, ext. 17440

## **Veterans Assistance Programs**

Tomah, WI Homeless Program

1-800-872-8662, ext. 61280

## **King Homeless Program**

1-800-256-9300, ext. 16702

## **National Suicide Prevention Lifeline**

1-800-273-TALK (8255)

Press 1 for Veterans

[www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

## **VA's National Homeless Call Center**

1-877-424-3838

[www.va.gov/homeless](http://www.va.gov/homeless)

## **Substance Abuse Residential Rehabilitation Treatment Program**

Tomah VA Medical Center

Building 404

500 E. Veterans St.

Tomah, WI 54660

608-372-3971 (Main Hospital Switchboard)

608-372-1758 (MH RRTP Admissions  
Coordinator)

Tomah VA website:

[www.tomah.va.gov](http://www.tomah.va.gov)

AA website:

[www.aa.org](http://www.aa.org)

NA website:

[www.wisconsinna.org](http://www.wisconsinna.org)

## **Substance Abuse Residential Rehabilitation Treatment Program (SARRTP)**



**Tomah VA Medical Center  
500 E. Veterans St.  
Tomah, WI 54660**

**(608) 372-1758 or**

**1-800-872-8662, ext. 61758**

**Mental Health Residential Rehabilitation  
Treatment Program (MH RRTP)  
Admissions Information**

**It takes the courage and strength of  
a warrior to ask for help.**